A Survey of the Lower Limb Amputee Population in Scotland 2015 Public Report



SPARG Scottish Physiotherapy Amputee Research Group

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Contents

1		Ackn	owledgements6	
2		Exec	utive SummaryError! Bookmark not defined.	
3		Resu	lts: Demographic Profiles7	
	3.1	L	Introduction	7
	3.2	2	Amputee Details	7
		3.2.1	Age and Sex Distribution	. 7
		3.2.2	Age Distribution Comparison of 1996 to 2015	. 8
		3.2.3	Diabetic Amputees	. 9
		3.2.4	Aetiology of Amputation	. 9
		3.2.5	Initial Level of Amputation	10
		3.2.6	Patients Fitted with a Prosthesis	10
		3.2.7	Prosthetic Rehabilitation Abandoned	12
		3.2.8	Mortality	12
		3.2.9	Final Outcome Summary	12
		3.2.10	0 Bilateral Amputations in Same Episode of Care	13
		3.2.1	1 Unilateral and Bilateral Amputees	13
		3.2.12	2 Revisions and Re-amputations	14
		3.2.13	3 Bilateral Amputations	15
		3.2.14	4 Functional Co-morbidities Index	16
1 Acknowledgements				
	4.1	L	Compression Therapy	
	4.2	2	Early Walking Aids	
	4.3	3	Mobility Outcomes: Locomotor Capabilities Index 5(LCI-5)	
5		Mile	stone Data	
	5.1	L	Statistics Presented	
	5.2	2	Days to Casting	
	5.3	3	Casting to Delivery	
	5.4	1	Days to Inpatient Discharge: Fitted with a Prosthesis	
	5.5	5	Days to Inpatient Discharge: Not Fitted with a Prosthesis	
6		Tren	ds in Compression Therapy and Early Walking Aids (EWAs)	
	6.1	L	Statistics Presented	
	6.2	2	Trends in Compression Therapy	
	6.3	3	Trends in Early Walking Aids	
7		Indiv	idual Hospital Summaries for 2015 – Key Performance Indicators	
	7.1	L	Data Checking Summary	
	7.2	2	Key Performance Indicators	
		7.2 1	Final Outcome	28
		7.2.2	Age, FCI, Abandonment	29
		7.2.3	Final Level of Amputation	30
	7 3	2	Milestones (Linilateral transtikial amputoes)	24
		-		JT

8	Refe	erences	
9	Арр	endices	
	9.1	Appendix A Project work	36
	9.2	Appendix B List of SPARG Database reporting facilities	37
	9.3	Appendix C SPARG Hospitals and Physiotherapists	39
	9.4	Appendix D Aetiology Mapping	45
	9.5	Appendix E Locomotor Capabilities Index 5	46
	9.6	Appendix F Functional Co-morbidities Index	47
	9.7	Appendix G Data Cleaning Steps	48
	9.8	Appendix H Models of Care Summary for all major amputating centres in Scotland ($n \ge 10$)	49
	9.9	Appendix I Multidisciplinary Advisory Group	55

Tables, Figures and Appendices

Table 1	Age and sex of amputee population, 2006- 2015	.7
Table 2	Diabetic amputees, age and sex, 2014 & 2015	.9
Table 3	Aetiology of amputation, 2010 – 2015	.9
Table 4	Amputation Level, 2010-2015	10
Table 5	Patients fitted with a prosthesis, all 2006 – 2015	10
Table 6	Proportion of patients with unilateral amputation fitted with a prosthesis by level (2006 – 2015)	11
Table 7	Proportion of patients with bilateral amputation fitted with a prosthesis, bilateral (2006 – 2015)	11
Table 8	Bilateral patients fitted with a prosthesis by level 2015	11
Table 9	Sex and limb fitting outcome, 2014 – 2015	11
Table 10	Prosthetic rehabilitation abandoned as a proportion of those initially fitted, 2010 – 2015	12
Table 11	Mortality 2009 - 2015	12
Table 12	Final outcome summary, 2012 - 2015	12
Table 13	Bilateral amputations, 2006-2015	13
Table 14	Unilateral and bilateral amputees, 2010 – 2015	13
Table 15	Bilateral amputees, 2010- 2015	13
Table 16	Revisions and re-amputations, 2010-2015	14
Table 17	Transtibial to transfemoral re-amputations, 2010-2015	14
Table 18	Demographic profile and final outcome summary of patients with bilateral amputations at end of rehabilitation period	15
Table 19	Functional Co-Morbidities by Level and Aetiology	16
Table 20	Functional Co-morbidities Mean Score, 2010 – 2015	16
Table 21	Type of compression therapy used, 2010-2015	17

Table 22	Type of EWA used, 2010-201517
Table 23	Locomotor Capabilities Index by level, 2011 to 201518
Table 24	Days to casting milestone, descriptive statistics, 2015
Table 25	Casting to delivery milestone, descriptive statistics, 2015
Table 26	Median casting to delivery milestone, 2001-201522
Table 27	Days to inpatient discharge, patients fitted with a prosthesis, descriptive statistics.23
Table 28	Median days to inpatient discharge, patients fitted with a prosthesis, 2000-2015 (2001-2015 Unilateral Only)23
Table 29	Days to inpatient discharge, patients not fitted with a prosthesis, descriptive statistics, 2015
Table 30	Median days to inpatient discharge, patients not fitted with a prosthesis, 2000-2015 (2001 – 2015– Unilateral Only)23
Table 31	Days from inpatient discharge to outpatient discharge, all amputees, 2015
Table 32	Days from inpatient discharge to outpatient discharge, limb-fitted amputees, 201524
Table 33	Median Days from inpatient discharge to outpatient discharge, limb-fitted amputees 2015
Table 34	Patients receiving compression therapy within 10 days of amputation (%), 2000–2015
Table 35	Patients using EWAs within 10 days of amputation (%), 2000– 2015
Table 36	Data Checking Summary By Hospital27
Table 37	Key Performance Indicators By Hospital28
Table 38	Median Age, and FCI for all; Limb Fitting of Females by Hospital
Table 39	Final level of Amputation at end of Rehabilitation by Hospital
Table 41	Key Performance Indicators (milestones) by hospital, 2015
Figure 1	Percentage of patients who were limb fitted in each of the hospitals (n>10) Error! Bookmark not defined.
Figure 2	Age of cohort in 1996 Figure 3 Age of Cohort in 20158
Figure 4	LCI-5 Mean Change Score by Level of Amputation19
Figure 5	Median days to casting milestone, 2000-201521
Figure 6	Percentage of transtibial and transfemoral amputees receiving compression therapy within 10 days of25
Figure 7	Percentage of transtibial and transfemoral amputees using EWAs within 10 days of amputation surgery, 2000- 201526
Figure 8	Final Level of Amputation by Hospital31
Figure 9	Histograms of Females Limb Fitted and Not Limb Fitted by Level for Each Hospital .32
Figure 10	Histograms of Males Limb Fitted and Not Limb Fitted by Level for Each Hospital 33
9.1	Appendix A Project work

9.2	Appendix B List of SPARG Database reporting facilities	37
9.3	Appendix C SPARG Hospitals and Physiotherapists	39
9.4	Appendix D Aetiology Mapping	45
9.5	Appendix E Locomotor Capabilities Index 5	46
9.6	Appendix F Functional Co-morbidities Index	47
9.7	Appendix G Data Cleaning Steps	48
9.8	Appendix H Models of Care Summary for all major amputating centres in Scotland \geq 10)	(n 49
9.9	Appendix I Multidisciplinary Advisory Group	55

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The final draft of this report was reviewed by a national multidisciplinary group (see Appendix I) and we would like to thank each of them for taking the time to do this.

2 Results: Demographic Profiles

2.1 Introduction

National survey data are presented in this section. Where possible, comparisons are shown for 2006-2015. The total number of amputees for 2015 is 802 (835 amputations). Data is available for 704 of these amputees (737 amputations), therefore included in the analysis. Missing data includes all data sets from Grampian Health Board (n=93) and those forms not returned for data input (n=5).

2.2 Amputee Details

2.2.1 Age and Sex Distribution

The 2015 survey contains data from 704 amputees. The data for numbers of amputees from 2006-2015 by age and gender is shown in Table1, and a graphical depiction of the changing age of this population can be seen in Figure 2 and 3 when the years 1996 and 2015 are compared.

	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
No. of Amputees	704	699	741	746	740	700	708	809	819	803
No. of Amputee with										
Data	690	678	702	729	731	688	702	803	812	704
Age Lower Quartile	61	60	61	61	61	60	61	58	57	58
Age Median	69	69	70	70	70	70	70	69	67	68
Age Upper Quartile	78	77	79	77	78	77	78	78	76	76
Males %	67.49	64.16	62.09	64.50	67.03	65.94	66.38	66.50	71.85	66.5
Females %	32.51	35.84	37.91	35.50	32.97	34.06	33.62	33.50	28.15	33.5

Table 1	Age and sex of	amputee	population,	2006-	2015
			p - p,		

2.2.2 Age Distribution Comparison of 1996 to 2015

The median age of the cohort of amputees in Scotland in 1996 when compared to 2015 differs by one year; however there were more amputees in the 60-80 year range in 1996 compared to 2015 where there were more patients under 60 and over 80: there were 50 more patients in 2015 (Figure 2 & 3).





Age of cohort in 1996

Figure 2

Age of Cohort in 2015

2.2.3 Diabetic Amputees

The following table summarises the age and sex of amputees with aetiology of PAD with Diabetes.

	2014		2015	
	Diabetes	PAD without Diabetes	Diabetes	PAD without Diabetes
Number of Amputees	377	319	315	286
Number with age available	376	319	315	286
Age Lower Quartile	58	62	57.79	63.46
Age Median	67	71	67.01	71.62
Age Upper Quartile	76	78	74.04	79.38
N Male	296	221	228	176
N Female	86	98	87	110
Males %	78.51%	69.28%	72.38%	61.54%
Females %	21.49%	30.72%	27.62%	38.46%

Table 2Diabetic amputees, age and sex, 2014 & 2015

2.2.4 Aetiology of Amputation

The incidence of each aetiology recorded is shown in Table 3.

Table 3Aetiology of amputation, 2010 – 2015

	2010	2010			2012		2013		2014		2015	
	Ν	%	N	%	Ν	%	Ν	%	N	%	Ν	%
PAD without												
diabetes	306	41.86	309	44.91	293	41.74	332	41.34	319	39.33	286	40.63
Diabetes												
	332	45.42	269	39.10	295	42.02	351	43.71	378	46.49	315	44.74
Trauma or												
Burns	11	1.50	11	1.60	19	2.71	13	1.62	17	2.10	14	1.99
Tumour												
	9	1.23	12	1.74	10	1.42	13	1.62	16	1.97	8	1.14
Congenital												
deformity	2	0.27	4	0.58	3	0.43	2	0.25	5	0.62	5	0.71
Drug abuse												
	5	0.68	10	1.45	12	1.71	13	1.62	14	1.73	17	2.41
Venous												
disease	10	1.37	9	1.31	14	1.99	10	1.25	0	0.00	5	0.71
Orthopaedic												
	28	3.83	40	5.81	26	3.70	39	4.86	45	5.55	24	3.41
Blood-borne												
infection	5	0.68	3	0.44	6	0.85	8	1.00	7	0.86	8	1.14
Renal Failure												
	5	0.68	5	0.73	7	1.00	4	0.50	1	0.12	2	0.28
Other	14	1.92	15	2.18	14	1.99	17	2.12	10	1.23	13	1.85
Not												
recorded	4	0.55	1	0.15	3	0.43	1	0.12	0	0.00	7	0.99
Total	731	100	688	100.0	702	100	803	100	812	100.0	704	100

2.2.5 Initial Level of Amputation

Table 4 shows the incidence of six levels of amputation for the years 2010-2015. For amputees who had bilateral amputations in the reported period, both amputations are included in the data. The number of levels recorded will therefore be greater than the number of amputees for any given year. The level indicates the initial level of the amputation.

	2010	2010			2012		2013		2014		2015	
	Ν	%	Ν	%	Ν	%	Ν	%	Ν	%	Ν	%
Transtibial												
	383	50.20	406	56.62	399	53.49	477	56.25	432	51.06	377	51.15
Transfemoral												
	348	45.61	291	40.59	322	43.16	340	40.09	395	46.69	342	46.40
Transpelvic												
	2	0.26	0	0.00	3	0.40	1	0.12	0	0	1	0.14
Нір												
Disarticulation	11	1.44	8	1.12	8	1.07	11	1.30	6	0.71	5	0.68
Knee												
Disarticulation	19	2.49	12	1.67	13	1.74	17	2.0	13	1.54	12	1.63
Ankle												
Disarticulation	0	0.00	0	0.00	0	0.00	2	0.24	0	0.00	0	0
Other	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00	0	0
Not recorded	0	0.00	0	0.00	1	0.13	0	0.00	0	0.00	0	0
Total	763	100.0	717	100.0	746	100.0	848	100.0	846	100.0	737	100.0

Table 4Amputation Level, 2010-2015

2.2.6 Patients Fitted with a Prosthesis

The number of patients fitted with a prosthesis at final discharge is shown in Table 5. Unilateral patients limb-fitted are shown in Table 6, and bilateral patients are shown in Table 7. Table 8 gives more detail on bilateral patients fitted by their exact level of amputation. Table 9 shows the proportion of males and females who were fitted with a prosthesis. Those patients who have abandoned limb-fitting are not included in this "limb-fitted" patient group.

	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Number of										
patients	690	678	702	729	731	688	702	803	812	704
Number fitted										
	289	312	297	301	315	288	286	322	338	293
Percentage fitted										
	41.88	44.64	42.31	41.29	43.09	41.86	40.74	40.10	41.63	41.61

Table 5Patients fitted with a prosthesis, all 2006 – 2015

Table 6

Proportion of patients with unilateral amputation fitted with a prosthesis by level (2006 – 2015)

	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
TTA (%)	64.63	63.11	68.18	67.69	69.67	67.37	66.78	64.45	63.84	68.00
TFA(%)	26.17	29.27	24.80	24.14	31.99	26.09	26.32	23.21	28.09	23.91
Other (%)	41.67	61.54	23.53	17.14	11.54	50.00	19.05	21.74	31.25	30.77

Abbreviations: TFA=transfemoral, TTA=transtibial

Table 7Proportion of patients with bilateral amputation fitted with a prosthesis, bilateral (2006 – 2015)

	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Bilateral										
(all levels %)	22.13	28.24	23.36	23.74	29.77	31.53	33.56	18.83	25.32	24.49

Table 8 Bilateral patients fitted with a prosthesis by level 2015

	Bilateral TTA (n=45)	Bilateral TFA (n=66)	TTA & TFA (n=36)
Limb Fitted % (n=36)	66.7% (n=30)	0.3% (n=1)	1.7% (n=5)

Abbreviations: TFA=transfemoral, TTA=transtibial

Table 9Sex and limb fitting outcome, 2014 – 2015

	2014			2015		
	Unilateral	Unilateral		Unilateral	Unilateral	
	TTA	TFA	Bilateral	TTA	TFA	Bilateral
Total Males (n)	229	220	123	201	167	96
Total Females (n)	88	104	31	69	114	49
Males Limb Fitted (n)	157	71	32	143	49	27
Females Limb Fitted (n)	46	20	7	39	20	9
% of Males Limb Fitted	68.56	32.27	26.02	71.14	29.34	28.13
% of Females Limb Fitted	52.27	19.23	22.58	56.52	17.54	18.37

Abbreviations: TFA=transfemoral, TTA=transtibial

2.2.7 Prosthetic Rehabilitation Abandoned

There are a number of patients each year who are initially fitted with a prosthesis and start prosthetic rehabilitation but for whom prosthetic treatment is abandoned prior to their final discharge. The amputation level referred to in this section is the final level if re-amputation surgery has been carried out. Table 10 shows those people who have abandoned use of their prosthesis as a proportion of those initially fitted. Table 12 shows them as a proportion of all patients and they are included in the "not limb-fitted" group, as this is their final outcome on discharge.

	2010		2011		2012		2013		2014		2015	
	Ν	%	Ν	%	N	%	Ν	%	Ν	%	Ν	%
All patients	15	4.25	23	6.59	29	8.38	22	6.4	23	6.37	32	9.6
Unilateral												
ТТА	3	1.42	10	4.29	19	8.56	12	5.11	15	6.88	13	7.1
Unilateral		10.3		11.7								
TFA	10	1	8	6	7	10.45	7	9.72	3	3.19	15	21.7
				27.2				16.6				
Other	0	0.00	3	7	1	20.00	1	7	1	16.67	0	0
Bilateral	2	4.88	2	5.41	2	3.85	2	6.45	4	9.30	4*	11.1

 Table 10
 Prosthetic rehabilitation abandoned as a proportion of those initially fitted, 2010 – 2015

Abbreviations: TFA=transfemoral, TTA=transtibial

*2 Bilateral TTA, 1 Bilateral TFA, 1TTA & TFA

2.2.8 Mortality

Table 11 shows the proportion of amputees who died within 30 days of their amputation, this is their last amputation level (see also 12 for overall)

	2009	2010	2011	2012	2013	2014	2015
Number of amputees	729	731	688	702	803	812	704
30 Day Mortality (N)	44	54	48	40	51	45	44
30 day mortality (%)	6.04%	7.39%	6.98%	5.70%	6.35%	5.54%	6.25%

2.2.9 Final Outcome Summary

Table 12 gives a summary of gross outcomes for all amputees at the time of final discharge from physiotherapy whether at in patient discharge or after a period of outpatient treatment in 2015. Non-Limb Fitted now includes those who abandoned prosthetic use as that was their final outcome.

	2012		2013		2014		2015	
	Ν	%	Ν	%	Ν	%	N	%
Limb-fitted	288	41.86	322	40.10	338	41.63	293	41.62
Not Limb-fitted	292	42.44	365	45.45	357	43.97	318	45.17
Deceased	100	14.53	111	13.82	115	14.16	92	13.07
Unknown	8	1.16	5	0.62	2	0.25	1	0.14

Table 12Final outcome summary, 2012 - 2015

2.2.10 Bilateral Amputations in Same Episode of Care

The number and levels of bilateral amputations carried out in the same episode of care are shown in table 13 below for 2006-2015.

	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Bilateral TTA	14	23	16	14	13	13	16	13	8	7
Bilateral TFA	13	6	12	13	12	12	22	25	20	21
TTA & TFA	9	8	2	4	5	2	6	5	6	2
Other	0	0	3	4	1	2	0	2	0	3
Total	36	37	33	35	31	29	44	45	34	33

Table 13Bilateral amputations, 2006-2015

Abbreviations: TFA=transfemoral, TTA=transtibial

2.2.11 Unilateral and Bilateral Amputees

The table 14 shows the number of unilateral and bilateral amputees for the years 2010-2015. In this table bilateral amputees includes all amputees who were bilateral in the reported year.

The bilateral amputees are defined in more detail in table 15 where there are 2 groups shown: those amputees who had a prior amputation; and those who were not previously amputees, that is, underwent bilateral amputations in the same episode of care.

	2010		2011		2012		2013		2014		2015	
	Ν	%	Ν	%	Ν	%	Ν	%	Ν	%	N	%
Number of												
amputees	731	100	688	100	702	100	803	100	812	100	704	100
Unilateral												
amputees	610	82.54	577	83.87	553	78.77	649	80.82	658	81.03	556	79
Bilateral												
amputees	129	17.46	111	16.13	149	21.23	154	19.18	154	18.97	148	21
Unknown	0	0	0	0	0	0	0	0	0	0	0	0

 Table 14
 Unilateral and bilateral amputees, 2010 – 2015

Table 15Bilateral amputees, 2010- 2015

	2010		2011		2012	2012			2014		2015	
	Ν	%	Ν	%	Ν	%	Ν	%	Ν	%	Ν	%
Bilateral Total	129	100	111	100	149	100	154	100	154	100	148	100
Bilateral –												
prior												
amputation(s)	98	75.97	82	73.87	105	70.47	109	70.78	120	77.92	115	77.70
Bilateral –												
both in same												
episode	31	24.03	29	26.13	44	29.53	45	29.22	34	22.08	33	22.30

2.2.12 Revisions and Re-amputations

The number of amputees having revision or re-amputation surgery is shown in table 16. A revision is defined as further primary stump surgery which may involve bone, but does not change the level of amputation. A re-amputation is defined as further surgery of the primary stump which changes the level of amputation. Each revision and re-amputation is counted, therefore amputees who had a revision then a re-amputation would be included in both counts.

Re-amputations from the transtibial to the transfemoral level for 2010-2015 are shown in Table 17

	2010		2011		2012		2013		2014		2015	
	Ν	%	Ν	%	Ν	%	Ν	%	Ν	%	Ν	%
Amputations	763	100	717	100	746	100	848	100	846	100	737	100
Revisions	21	2.75	28	3.91	16	2.14	37	4.36	27	3.19	9	1.22
Re-amputations	49	6.42	33	4.60	57	7.64	59	6.96	49	5.79	46	6.24
Total revisions +												
re-amputations	70	9.17	61	8.51	73	9.79	96	11.32	76	8.98	55	7.46

Table 16	Revisions and re-amputations.	2010-2015
	nevisions and re ampatations,	2010 2013

 Table 17
 Transtibial to transfemoral re-amputations, 2010-2015

	2010 2011			2012 201		2013	2013 2		2014		2015	
	Ν	%	N	%	Ν	%	Ν	%	Ν	%	Ν	%
Initial TTA	425	100	406	100	399	100	477	100	432	100	378	100
Re-amputated to												
TFA	40	9.41	33	8.12	57	14.29	43	9.01	43	9.95	42	11.1

Abbreviations: TFA=transfemoral, TTA=transtibial

2.2.13 Bilateral Amputations

Demographic and final outcome data for all patients with bilateral amputation are shown below in Table 18

	Bilateral TTA	Bilateral TFA	TTA & TFA	Other
Number	44	66	36	1
Age (median, years)	60.10	68.74	68.01	N/A
Gender (Male) n, %	68.2% (30)	60.6% (40)	75% (27)	100% (1)
Aetiology				
PAD % (n)	20.5% (9)	50% (33)	30.6% (11)	100% (1)
PAD + DM % (n)	72.7% (32)	40.9% (27)	66.6% (24)	0
Other % (n)	6.8% (3)	9.1% (6)	2.8% (1)	0
Final Outcome				
Limb Fitted % (n)	68.2% (30)	1.5% (1)	13.8% (5)	0
Non Limb Fitted % (n)	20.5% (9)	78.8% (52)	52.8% (19)	100 (1)
Died % (n)	6.8% (3)	7.6% (5)	30.6% (11)	0
Abandoned % (n)	4.5% (2)	1.5% (1)	2.8% (1)	0
Missing	0	10.6% (7)	0	0

Table 18Demographic profile and final outcome summary of patients with bilateral amputations at end of
rehabilitation period

Abbreviations: TFA=transfemoral, TTA=transtibial, PAD=Peripheral Arterial Disease, DM=Diabetes *Other=various combinations of amputation levels i.e. hip disarticulation and trans femoral etc.

2.2.14 Functional Co-morbidities Index

The Functional Co-morbidities Index (FCI) was incorporated into the data set from 2008 in an effort to account for the relatively high incidence of co-morbid disease in the lower limb amputee population (see Appendix F).

The FCI is completed by scoring 1 if a disease is present, that is, diagnosed and recorded in the medical notes of a patient, and 0 if not. A score of 0 indicates no co-morbid disease and a score of 18 the highest number of co-morbid illnesses.

	Number	Min	Lower Quartile	Median	Upper Quartile	Max	Mean
All Patients	704	0	2	2		Q	3.00
	704	0	2	5	4	0	3.09
Level of Amputation	1	n	r		r	1	
Unilateral TTA	269	0	2	3	4	8	3.10
Unilateral TFA	281	0	2	3	4	8	3.09
Other	7	0	1.25	2	3	6	0.75
All Bilateral	147	0	2	3	4	8	2.53
Bilateral TTA	45	0	2	3	5	6	3.42
Bilateral TFA	66	0	2	3	4	9	2.47
TTA & TFA	36	0	2	3	4	7	2.59
Aetiology							
PAD + Diabetes	378	1	3	3	5	8	3.59
PAD	319	0	2	3	3.5	8	2.84
Other	10	1	1	2.5	3	3	2.10

Table 19	Functional Co-Morbidities	by Level and Aetiology
----------	---------------------------	------------------------

Abbreviations: TFA=transfemoral, TTA=transtibial, PAD=Peripheral Arterial Disease

Table 20 Functional Co-morbidities Mean Score, 2010 – 2015

	2010	2011	2012	2013	2014	2015
	Mean	Mean	Mean	Mean	Mean	Mean
All Patients	3.07	3.11	3.12	2.95	3.01	3.09
Unilateral TTA	3.17	3.13	3.25	2.93	3.01	3.10
Unilateral TFA	2.94	2.83	3.07	2.85	2.86	3.09
Other	2.88	2.53	2.28	2.30	2.50	0.75
All Bilateral	3.36	3.74	3.06	3.31	3.36	2.53
PAD + Diabetes	3.74	3.77	3.72	3.55	3.59	3.79
PAD	2.82	3.06	3.07	2.79	2.84	2.91

Abbreviations: TFA=transfemoral, TTA=transtibial, PAD=Peripheral Arterial Disease

3 Physiotherapy and Rehabilitation

3.1 Compression Therapy

Compression therapy of the residuum is widely used and figures for 2010-2015 are presented in table 21. These figures relate to the number of modalities used: if a single amputee received more than one type of therapy these would both appear in the table.

	1		1		1		1		1		1	
	2010		2011		2012		2013		2014		2015	
	Ν	%	Ν	%	N	%	N	%	N	%	N	%
Elset 'S'												
bandage	5	0.87	12	1.93	16	2.63	6	0.95	5	0.81	11	2.08
Flowtron	12	2.09	18	2.90	15	2.47	11	1.74	11	1.77	6	1.14
Plaster												
cast	89	15.51	132	21.76	143	23.52	156	24.72	123	19.81	96	18.22
Shrinker												
sock	392	68.29	371	59.74	380	62.50	414	65.61	428	68.92	370	70.21
Silicone												
Sleeve	8	1.39	12	1.93	9	1.48	10	1.58	18	2.90	12	2.28
Other	1	0.17	3	0.48	6	0.99	2	0.32	0	0.00	0	0
PPAM*	67	11.67	73	11.76	39	6.41	32	5.07	36	5.80	32	6.07
Total	574	100	621	100	607	100	631	100	621	100	527	100

Table 21Type of compression therapy used, 2010-2015

Abbreviations= PPAM Aid= Pneumatic Post Amputation Mobility Aid

*inclusion of PPAM aid here indicates it has been used without the walking frame for compression therapy only

3.2 Early Walking Aids

The types of Early Walking Aids (EWA) used in 2010-2015 are shown in table 22. Note that these figures relate to the number of devices used: if a single amputee used more than one type of EWA, both would appear in the table.

	2010		2011		2012		2013		2014	1	2015	
	Ν	%	N	%	Ν	%	Ν	%	Ν	%	Ν	%
AMA	3	0.76	4	1.06	2	0.57	0	0	0	0	0	0
Femurett	47	11.90	42	11.17	59	16.71	59	15.13	81	20.05	65	18.47
PPAM	342	86.58	325	86.44	291	82.44	331	84.87	323	79.95	287	81.53
Other	3	0.76	1	0.27	1	0.28	0	0	0	0	0	0
Total	395	100	372	100	353	100	390	100	404	100	352	100

Table 22Type of EWA used, 2010-2015

Abbreviations: PPAM= Pneumatic Post Amputation Mobility Aid, AMA=Amputee Mobility Aid

3.3 Mobility Outcomes: Locomotor Capabilities Index 5(LCI-5)

The LCI-5 is a widely used and validated self report tool that measures a lower limb amputee's locomotor capabilities with their prosthesis during and after rehabilitation (Condie et al 2006).

The LCI-5 is an amended version of the LCI in which the upper ordinal level is split into 2 according to the use or non use of walking aids to give maximum sub-scores of 28 and total score of 56 (Franchignoni et al 2007). The LCI-5 has been found to reduce the ceiling effect associated with the LCI by 50% (Franchignoni et al 2004, Franchignoni et al 2007). The higher the score of the LCI-5 the greater the capabilities of the amputee. The LCI-5 is completed retrospectively for the amputee patient's mobility six months prior to their amputation and prospectively on final discharge. The difference between these two scores is calculated for each patient to give a score for their change in mobility. A positive score indicates an improvement in mobility and a negative score deterioration. All Basic and Advanced values in the tables below are the **mean** values.

2011	6/12 P	re-amp		Final Ou	utcome			
	Basic	Adv.	Total	Basic	Adv.	Total	Change	N
Transtibial	24	21	45	21	17	38	-7	200
Transfemoral	23	16	39	21	11	33	-17	59
Bilateral	21	18	39	16	11	27	-8	30
2012 E/12 Bro amp Einal Outcome								
2012	0/1211	ic-amp						
	Basic	Adv.	Total	Basic	Adv.	Total	Change	Ν
Transtibial	24	20	44	21	15	36	-10	186
Transfemoral	24	20	44	22	14	36	-12	53
Bilateral	22	17	39	17	10	27	-12	39
J			1	1	1		1	

Table 23	Locomotor Capabilitie	s Index by leve	el, 2011 to 2015

2013	6/12 Pr	e-amp		Final Ou	tcome			
2010	0,12110							
	Basic	Adv.	Total	Basic	Adv.	Total	Change	Ν
Transtibial	24	21	45	21	16	37	-8	233
Transfemoral	23	17	40	20	11	31	-16	54
Bilateral	21	18	39	17	13	30	-8	24
2014 C/12 Due source Final Outcome								
2014	6/12 Pro	e-amp		Final Ou	lcome			
	Basic	Adv.	Total	Basic	Adv.	Total	Change	N
Transtibial	23	21	44	20	17	37	-6	203
Transfemoral	23	19	42	20	13	-12	-12	78
Bilateral	22	15	37	17	11	28	-13	31
2015	6/12 D	(A-2mn		Final Outcome				
2015	0/12 FI	e-amp		Tinaro	dicome			
	Basic	Adv.	Total	Basic	Adv.	Total	Change	N
Transtibial	23	23	46	21	19	40	-5	182
Transfemoral	26	27	53	19	15	35	-18	70
Bilateral		20.3						
Transtibial	21.23	9	41.62	19.54	14.62	34.15	-7.5	30
Transtibial &								
Transfemoral	21.33	17	38.33	16.33	12	28.33	-10	5



Abbreviations: TFA=transfemoral, TTA=transtibial, LCI-5=Locomotor Capabilities Index

Figure 3 LCI-5 Mean Change Score by Level of Amputation

4 Milestone Data

4.1 Statistics Presented

This section of the report deals with the statistical analysis of the rehabilitation milestones. The four rehabilitation milestones are shown in the table below:-

Milestones	Names by which milestones are referred to in this report
Number of days from final amputation to casting for prosthesis	'days to casting'
Number of days from casting to delivery of prosthesis where delivery is defined as the date at which the patient begins gait training with the prosthesis – finished or unfinished.	'casting to delivery'
Number of days from primary amputation to inpatient discharge	'days to inpatient discharge'
(for patients having bilateral amputations and/or revision surgery see notes below)	(length of stay)
Number of days from inpatient discharge to discharge from outpatient physiotherapy	'days inpatient discharge to outpatient discharge'

For each milestone, the following descriptive statistics are presented: the number of amputees included in the analysis, minimum, lower quartile, median, upper quartile, maximum days.

Only patients who were limb-fitted by inpatient or outpatient discharge are included in *days to casting* and *casting to delivery*.

Where patients have undergone revisions or re-amputations, the latest date of surgery is used as the date of amputation. The final level, in the case of re-amputations to higher levels, is used to group the patients for this milestone.

Days to inpatient discharge is the length of stay in hospital for each amputee calculated in days from the date of amputation. The length of stay for bilaterals amputated in same hospital admission is calculated from the date of first surgery.

The length of hospital stay for patients re-amputated to a higher level will be calculated from the date of their final amputation.

For each milestone, and each group, the statistics represent available data including data from patients who have died.

Groups with results prepared for all milestones	Additional groups for <i>days to inpatient discharge</i>
Tanstibial Unilateral Fitted	Transtibial Unilateral Not Fitted
Transfemoral Unilateral Fitted	Transfemoral Unilateral Not Fitted
Bilateral* Fitted	Bilateral* Not Fitted

*Bilateral includes all those who underwent one amputation in the report period having had a prior amputation(s), and those who underwent bilateral amputations in the report period having had no prior amputations.

4.2 Days to Casting

	All Patients	Unilateral TTA	Unilateral TFA	Bilateral TTA	Bilateral TFA	TTA & TFA
Number						
Included	334	203	84	36	4	7
Minimum	5	8	17	5	41	17
Lower Quartile	32	28	34.5	38.5	41	23
Median	50	48	61	61.5	49	49
Upper Quartile	89	87	98	102	169	71
Maximum	498	459	498	369	281	88

Table 24Days to casting milestone, descriptive statistics, 2015

Abbreviations: TFA=transfemoral, TTA=transtibial





Median days to casting milestone, 2000-2015

4.3 *Casting to Delivery*

	All	Unilateral TTA	Unilateral TFA	Bilateral TTA	TTA & TFA
Number Included	325	200	82	36	7
Minimum	3	3	3	5	7
Lower Quartile	7	7	8	7.5	7
Median	11	9	14	10	14
Upper Quartile	18	17	20	14	21
Maximum	387	99	387	61	34

Table 25 Casting to delivery milestone, descriptive statistics, 2015

Abbreviations: TFA=transfemoral, TTA=transtibial

Table 26 Median casting to delivery milestone, 2001-2015

	'01	'02	'03	'04	' 05	'06	' 07	'08	' 09	'10	'11	'12	'13	'14	'15
Transtibial	14	14	14	14	14	14	13	14	13	10	10	9	8	9	9
Transfemoral	22	15.5	14	14	14	15	14	15	15	15	14	14	13	15	14

4.4 Days to Inpatient Discharge: Fitted with a Prosthesis

	Unilateral TTA	Unilateral TFA	Bilateral TTA	TTA & TFA
Number Included	194	82	33	6
Minimum	1	8	5	44
Lower Quartile	23	24	25	16
Median	43	48	60	72
Upper Quartile	80	72	87	77
Maximum	469	343	216	126

 Table 27
 Days to inpatient discharge, patients fitted with a prosthesis, descriptive statistics

Table 28Median days to inpatient discharge, patients fitted with a prosthesis, 2000-2015 (2001-2015 UnilateralOnly)

	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15
TTA	57	61	53	55	54	56	55	55	55	59	50	51.5	47.5	41.5	43
TFA	65.5	71	69	55.5	63.5	57	58	67.5	53	59	33	49.5	37	35	48

Abbreviations: TFA=transfemoral, TTA=transtibial

4.5 Days to Inpatient Discharge: Not Fitted with a Prosthesis

 Table 29
 Days to inpatient discharge, patients not fitted with a prosthesis, descriptive statistics, 2015

	Unilateral				
	TTA	Unilateral TFA	Bilateral TTA	Bilateral TFA	TTA & TFA
Number Included	52	146	9	53	17
Minimum	3	4	8	0	4
Lower Quartile	25	30	22.5	12	17
Median	40	43	50	40	42
Upper Quartile	93	75	102	90.5	80
Maximum	456	302	129	859	318

Table 30Median days to inpatient discharge, patients not fitted with a prosthesis, 2000-2015 (2001 – 2015–Unilateral Only)

	00	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15
TTA	47	43	50	37	52	51.5	66	60.5	62	61	45	53	64.5	45.5	42.5	40
TFA	40	42.5	48	41	42	47	52	46	47	51	41	34	36	32	34	43

The following tables describe outpatient treatment length; however, this does not take into account the frequency or type of rehabilitation treatment which will vary from hospital to hospital. The 3 tables show respectively: all amputees and limb-fitted

	Unilateral TTA	Unilateral TFA	Bilateral TTA	TTA & TFA
Number included	270	279	45	36
Mean	97.21	59.39	104.49	23.03
Minimum	0	0	0	0
Lower Quartile	0	0	0	0
Median	59	0	0	0
Upper Quartile	147.5	57.5	210	0
Maximum	561.0	550.0	476.0	238.0

Table 31Days from inpatient discharge to outpatient discharge, all amputees, 2015

Table 32Days from inpatient discharge to outpatient discharge, limb-fitted amputees, 2015

	Unilateral TTA	Unilateral TFA	Bilateral TTA	TTA & TFA
Number Included	183	69	30	5
Mean	115.71	160.59	126.88	127.8
Minimum	0	0	0	0
Lower Quartile	38.5	34	47	64
Median	99.5	107	116	113
Upper Quartile	163	268	308	224
Maximum	561	525	476	238

Table 33Median Days from inpatient discharge to outpatient discharge, limb-fitted amputees 2015

	2010	2011	2012	2013	2014	2015
Transtibial	95	89.5	92	96.5	111	99.5
Transfemoral	128.5	154	139	221	164.5	107
Bilateral	111	109	100	68	148.5	69

5 Trends in Compression Therapy and Early Walking Aids (EWAs)

5.1 Statistics Presented

This chapter looks at trends in the use of compression therapy and Early Walking Aids (EWAs). All patients receiving compression therapy or EWA therapy are included in each analysis.

5.2 Trends in Compression Therapy

Of the patients receiving compression therapy, the percentage who received it within 10 days of amputation is shown in Table 33 for 2000-2015. A line chart representing this data is shown in Figure 6

 Table 34
 Patients receiving compression therapy within 10 days of amputation (%), 2000– 2015

	00	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15
TTA	61.3	69.8	66.2	67.8	65.5	54.4	47.5	52.8	55.7	51.1	55.3	73.5	66.9	68.6	62.2	63.7
TFA	58.1	53.7	49.3	63.8	55.3	49.5	43.6	41.6	45.2	40.2	39.1	47.2	57.8	37.2	35.5	22.1



Figure 5 Percentage of transtibial and transfemoral amputees receiving compression therapy within 10 days of amputation surgery, 2000– 2015

5.3 Trends in Early Walking Aids

Of the patients receiving Early Walking Aids (EWA) therapy, 26.3% received it within 10 days of amputation in 2015 and this is shown in Table 34 for 2000-2015, categorised by level of amputation. A line chart representing this data is shown in Figure 7

	00	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15
TTA	28.8	35.9	27.1	23.3	25.9	23.9	18.3	21.5	17.6	14.9	16.0	24.1	19.8	34.8	27.9	23.3
TFA	24.5	26.2	26.7	21.2	21.2	14.9	13.3	15.6	23.5	12.1	15.4	24.3	20.5	21.6	20.2	22.0

Table 35Patients using EWAs within 10 days of amputation (%), 2000– 2015



Figure 6 Percentage of transtibial and transfemoral amputees using EWAs within 10 days of amputation surgery, 2000- 2015

6 Individual Hospital Summaries for 2015 – Key Performance Indicators

6.1 Data Checking Summary

This section presents the national data broken down by amputating hospital, please refer to Appendix H on Models of Care

The number of amputees at each hospital and the data completeness are shown in Table 36.

Table 36 Data Checking Summary By Hospital

Hospital	Total number	Number of Missing Forms	Number Complete	Number Incomplete
	(n=802)	(n=97)	(n=684)	(n=20)
Ayr University Hospital	65	0	65	0
Aberdeen Royal Infirmary	85	85	0	0
Balfour Hospital	0	0	0	0
Dumfries & Galloway Royal Infirmary	26	0	25	**
Forth Valley Royal Infirmary	37	0	37	0
Gartnavel General Hospital	0	0	0	0
Glasgow Royal Infirmary	18	0	16	**
Golden Jubilee	0	0	0	0
Hairmyres Hospital	103	**	102	0
Inverclyde Royal Hospital	3	0	**	0
Monklands Hospital	0	0	0	0
Ninewells Hospital	106	0	106	0
Raigmore Hospital	42	**	40	**
Royal Alexandria Hospital	**	0	**	0
Royal Infirmary of Edinburgh	103	0	103	0
Queen Elizabeth University Hospital	170	0	156	14
St John's Hospital At Howden	**	0	**	0
Victoria Hospital (Kirkcaldy)	25	**	24	0
Victoria Infirmary (Glasgow)	**	**	0	0
Wishaw General	**	0	**	0
Woodend General Hospital	8	8	0	0
Yorkhill Hospital	* *	0	0	**
Outside Scottish Service	* *	0	0	**

** = data n<6

6.2 Key Performance Indicators

6.2.1 Final Outcome

Key Performance Indicators by Hospital are shown in Table 36

 Table 37
 Key Performance Indicators By Hospital

Hospital	LF % (n)	NLF % (n)	Aban % (n)	Died % (n)	Total
Ayr University Hospital	43.1% (28)	33.8% (22)	10.8% (7)	12.3% (8)	65
Dumfries & Galloway Royal Infirmary	46.2% (12)	46.2% (12)	**	**	26
Forth Valley Royal Infirmary	56.8% (21)	29.7% (11)	**	**	37
Glasgow Royal Infirmary	61.1% (11)	**	**	**	18
Hairmyres Hospital	29.4% (30)	53.9% (55)	**	12.7% (13)	102
Inverclyde Royal Hospital	**	**	**	**	3
Ninewells Hospital	48.1% (51)	36.8% (39)	**	13.2% (14)	106
Queen Elizabeth University Hospital	37.2% (45)	40.5% (49)	9.9% (12)	12.4% (15)	121
Raigmore Hospital	56.1% (23)	24.4% (10)		19.5% (8)	41
Royal Alexandria Hospital	**	**	**	**	4
Royal Infirmary of Edinburgh	39.8% (41)	47.6% (49)	0	12.6% (13)	103
St John's Hospital, Livingstone	**	**	**	**	1
Victoria Hospital (Kirkcaldy)	37.5% (9)	50% (12)	0	**	24
Wishaw General	**	**	**	**	2
Yorkhill Hospital	**	**	**	**	1
Outside Scottish Service	**	**	**	**	1

Abbreviations: LF=Limb Fitted, NLF=Non Limb fitted, Aban=Abandoned

** = data n<6

6.2.2 Age, FCI, Abandonment

Table 38	Median Age.	and FCI for all: Lim	h Fitting of	Females by	Hospital
	wieulan Age,	and rentor any Em	is i itting of	remaies by	riospitai

Hospital	Median Age	Mean FCI	% Females LF (n)
	(years)		
Ayr University Hospital	66.04	3.03	22% (5)
Dumfries & Galloway Royal Infirmary	69.60	3.23	25% (2)
(D &G)			
Forth Valley Royal Infirmary (FV)	62.95	3.03	35% (6)
Glasgow Royal Infirmary (GRI)	45.06	0.82	57% (4)
Hairmyres Hospital	69.74	3.72	10% (3)
Inverclyde Royal Hospital (IRH)	69.12	3.33	N/A
Ninewells Hospital	67.22	3.03	39% (12)
Queen Elizabeth University Hospital	65.87	3.33	30% (13)
(QEUH)			
Raigmore Hospital	66.41	2.93	30% (3)
Royal Alexandria Hospital (RAH)	59.59	3.75	50% (1)
Royal Infirmary of Edinburgh (ERI)	67.09	2.52	27% (10)
St John's Hospital, Livingstone	***	3.33	N/A
Victoria Hospital, Kircaldy	67.37	3.04	50% (5)
Wishaw General	39.98	2.50	N/A
Yorkhill Hospital	***	* * *	N/A
Outside Scottish Service	***	***	N/A
National	67.63	3.09	27.1% (64)

N/A:-No females had an amputation at IRH, St Johns Hospital and Wishaw General

***:- Unable to give median age as n<2

6.2.3 Final Level of Amputation

The final level of Amputation that a patient has at the end of their rehabilitation period is recorded in Table 39

	Unilateral TTA	Unilateral TFA	Other	Bilateral TTA	Bilateral TFA	TTA & TFA	Other	Total
Ayr University Hospital	47.7%	32.3%	**	**	9.8%	**	0%	65
, , ,	(31)	(21)			(6)		(0)	
Dumfries & Galloway Royal	42.3%	38.5 %	0%	**	**	0%	0%	26
Infirmary (D&G)	(11)	(10)	(0)			(0)	(0)	
Forth Valley Royal Infirmary	45.9%	24.3%	0%	21.6%	**	**	0%	38
(FV)	(17)	(9)	(0)	(8)			(0)	
Glasgow Royal Infirmary (GRI)	72.2%	**	**	0%	0%	0%	0%	18
	(13)			(0)	(0)	(0)	(0)	
Hairmyres Hospital	25.5%	49.0%	**	**	13.7%	9.8%	0%	102
	(26)	(50)			(14)	(10)	(0)	
Inverclyde Royal Hospital (IRH)	**	**	**	**	**	**	**	3
Ninewells Hospital	33.9%	46.2%	**	7.5%	5.7%	**	**	106
	(36)	(49)		(8)	(6)			
Queen Elizabeth University	33.4%	42.4%	**	7.7%	17%	5.9%	0%	170
Hospital (QEUH)	(55)	(72)		(13)	(17)	(10)	(0)	
Raigmore Hospital	56.1%	22.0%	**	**	**	**	0%	41
	(23)	(9)					(0)	
Royal Alexandria Hospital (RAH)	**	**	**	**	**	**	**	4
Royal Infirmary of Edinburgh	39.8%	44.7%	0%	**	7.8%	**	0	103
(ERI)	(41)	(46)	(0)		(8)			
St John's Hospital, Livingstone	**	**	**	**	**	**	**	1
Wishaw General	**	**	**	**	**	**	**	2
Victoria Hospital, Kircaldy	25%	37.5%	0%	**	**	**	0%	24
	(6)	(9)	(0)				(0)	
Yorkhill Hospital	**	**	**	**	**	**	**	1
Outside Scottish Service	**	**	**	**	**	**	**	1
Total	270	279	8	45	65	36	1	704

 Table 39
 Final level of Amputation at end of Rehabilitation by Hospital

** = data n<6



Abbreviations: TFA=transfemoral, TTA=transtibial

Figure 7 Final Level of Amputation by Hospital



The total number of people in each centre are categorised by sex, level of amputation and limb fitting status; Females in Figure 9 and Males in Figure 10.

Figure 8 Histograms of Females Limb Fitted and Not Limb Fitted by Level for Each Hospital

Abbreviations: TFA=transfemoral, TTA=transtibial



Abbreviations: TFA=transfemoral, TTA=transtibial

Figure 9 Histograms of Males Limb Fitted and Not Limb Fitted by Level for Each Hospital

6.3 Milestones (Unilateral transtibial amputees)

The number of, and milestones data for unilateral transtibial amputees are presented for each hospital in Table 39.

		Days	Days	Days	In	Overall
	Days to	to	to	casting to	Patient	Length of
Hospital	СТ	EWA	Casting	delivery	Stay	Rehab
Ayr University Hospital	26	29	66.5	14	46	155
Dumfries & Galloway Royal Infirmary	13	20	55	9	24	225
Forth Valley Royal Infirmary	9	9	39	14	62.5	170.5
Glasgow Royal Infirmary	20.5	31.5	65	14	8	161
Hairmyres Hospital	6	19	49	17.5	26	151
Inverclyde Royal Hospital*						
Ninewells Hospital	0	11	32	7	45	92
Queen Elizabeth University Hospital	7	10	47	13	31	189
Raigmore Hospital	0	10.5	41	1	62	121
Royal Alexandria Hospital	17	35	31	14.5	9	147
Royal Infirmary of Edinburgh	10	24	50	8	79	95
St John's Hospital, Livingstone *						
Wishaw General*						
Victoria Hospital (Kirkcaldy)	16	20	60.5	8	58	105
Yorkhill Hospital*						
Outside Scottish Service*						
National Median	7	16	46	9	65.8	199.7

Table 40	Key Performance Indicators (milestones) by hospital, 2015
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*Only 1 person therefore unable to give median

Definitions:Days to CTMedian days from final surgery to start of compression therapyDays to EWAMedian days from final surgery to start of early walking aid therapy e.g. PPAM aid.Days to castingMedian days from final surgery to casting for prosthesisDays casting to deliveryMedian days from casting to delivery of prosthesisIn Patient StayMedian days from amputation surgery to discharge from inpatient careOverall Length of RehabMedian days from amputation surgery to discharge from outpatient care

8 References

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9 Appendices

9.1 Appendix A Project work

Completed projects: -

Stuart W, Hussey K, Ross P and Smith F (2012) 'Indicators of poor outcome following major amputation.' (publication pending) Further information available from Mr Wesley Stuart, Consultant vascular Surgeon, Western Infirmary, Glasgow (<u>wesley.stuart@ggc.scot.nhs.uk</u>)

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PPAM aid Project

Joanne Hebenton completed work on the Chartered Society of Physiotherapy (CSP) Funded project 'How do models of care in Scotland impact on the use of the PPAM aid in Scotland?'. A final report was submitted to CSP in November 2015 and the results are now being written up for publication (see poster on website for results on timing of PPAM aid use http://www.knowledge.scot.nhs.uk/sparg.aspx). This was a collaborative project with NHS GG&C, SPARG and Caledonian University.

Orthopaedic Project

Joanne Hebenton completed work on the BACPAR Funded project 'Rehabilitation outcomes after lower limb amputation in Scotland - all aetiologies other than PAD and/or diabetes.' in November 2016. This has been written up as a poster and is available on SPARG website (http://www.knowledge.scot.nhs.uk/sparg.aspx).

9.2 Appendix B List of SPARG Database reporting facilities

30 days mortality

Amputees fitted with a prosthesis and abandoned - by level (bilateral) Amputees fitted with a prosthesis and abandoned - by level (unilateral only) Amputees fitted with prosthesis for transfers only (bilateral) Amputees fitted with prosthesis for transfers only (unilateral only) Bilateral amputation surgery - by level Check final outcome Check important dates Cognitive status - by aetiology Cognitive status - by level Compression therapy - by type Days from casting to delivery Days from final surgery to casting Days from final surgery to compression therapy - by aetiology Days from final surgery to compression therapy - by level (bilateral) Days from final surgery to compression therapy - by level (unilateral only) Days from final surgery to EWA - by aetiology Days from final surgery to EWA - by level (bilateral) Days from final surgery to EWA - by level (unilateral only) Days from in-patient discharge to out-patient discharge - by aetiology Days from in-patient discharge to out-patient discharge - by level (bilateral) Days from in-patient discharge to out-patient discharge - by level (unilateral only) Delayed healing - by aetiology Delayed healing - by level (bilateral) Delayed healing - by level (unilateral only) Delayed in-patient discharge EWAs - by type Falls Final outcome summary Final outcome summary - by aetiology Final outcome summary - by level (bilateral) Final outcome summary - by level (unilateral only) Functional co-morbidities index - by aetiology

Functional co-morbidities index - by level (bilateral) Functional co-morbidities index - by level (unilateral only) Gender and mean age Gender and mean age - by aetiology Gender and mean age - by level (bilateral) Gender and mean age - by level (unilateral only) Healthcare acquired infection (other) Heamodialysis Home circumstances Interim discharge Length of stay (days from final surgery to in-patient discharge) - limb fitted amputees by aetiology Length of Stay (days from final surgery to in-patient discharge) - limb fitted amputees by level Length of stay (days from final surgery to in-patient discharge) - non limb fitted amputees by aetiology Length of Stay (days from final surgery to in-patient discharge) - non limb fitted amputees by level Limb fitting - timing Locomotor capabilities index 5 - by aetiology Locomotor capabilities index 5 - by level Overall summary - by aetiology Overall summary - by level (bilateral) Overall summary - by level (unilateral only) Revisions and re-amputations in same episode Wound infection - by aetiology Wound infection - by level (bilateral)

9.3 Appendix C SPARG Hospitals and Physiotherapists

Glasgow	Vascular Unit	Linsay Clark	0141 211 3000
	Queen Elizabeth	linsay.clark@ggc.scot.nhs.uk	Page 14636
	University Hospital		
	1345 Govan Road,	Damien McGovern	
	Glasgow	Damien.mcgovern@ggc.scot.nhs.uk	
	G51 4TF		
		Ann Docherty, Therapy Assistant	
		Practitioner	
		Ann.docherty@ggc.scot.nhs.uk	
			Page 14662
		<u>Alison Frith</u>	
		<u>Renal Unit</u>	
		Alison.Frith@ggc.scot.nhs.uk	
	WestMARC,	Helen Scott	0141 201 2639
	Queen Elizabeth	Helen.scott@ggc.scot.nhs.uk	
	University Hospital		Fax:
	1345 Govan Road,	Joanne Hebenton	0141 201 2649
	Glasgow	Joanne.hebenton@ggc.scot.nhs.uk	
	G51 4TF		
		Damien McGovern	
		Damien mcgovern@ggc scot nhs uk	
		Grace Ferguson	
		Grace Ferguson@ggc scot nhs uk	
		(Nikki Porteous – mat leave from March	
		2018)	
		ntaylor7@nhs.net	
		Generic email : -	
		Westmarc.physiotherapy@ggc.scot.nhs.uk	
	Canniesburn Plastic	Gillian Calder	0141 211 5612.
	Surgery Unit,	gillian.calder@ggc.scot.nhs.uk	
	Jubilee Building,		
	Glasgow Royal		
	84 Castle Street.		
	Glasgow G4 0SF		

	Glasgow Royal Infirmary Queen Elizabeth Building, 16 Alexandra Parade, Glasgow G31 2ER Stobhill Hospital, Balornock Road, Glasgow	Huda Alsafar <u>H.alsafar@ggc.scot.nhs.uk</u> Sarah Wilson <u>Sarah.wilson4@ggc.scot.nhs.uk</u>	0141 211 4430 0141 355 1789 /1744
Glasgow	Royal Alexandra Hospital, Corsebar Road, Paisley PA2 9JH	Kathryn Finlay Specialist Physiotherapist <u>Kathryn.Finlay@ggc.scot.nhs.uk</u> Isla Gray, TL ortho <u>i.campbell2@nhs.net</u>	0141 887 9111
	Inverclyde Royal Infirmary, Larkfield Road, Greenock PA16 OXN	Gerry Coffield Gerry.coffield@ggc.scot.nhs.uk	01475 633 777 Page 1132 or 01475 504 468
	Vale of Leven Hospital, Alexandria G83 0UA	Morna Millar (Surgical) Morna.millar@ggc.scot.nhs.uk	01389 754 121 Page 53096 01389 754 121 Ext 27532
	Royal Hospital for Children, 1345 Govan Road, Glasgow G51 4TF	Shona Simpson <u>Shona.taylor@nhs.net</u> Caroline Grant <u>Caroline.grant@ggc.scot.nhs.uk</u> <u>Carolinegrant1@nhs.net</u>	0141 201 0063

	Golden Jubilee	Sheelagh Brown	0141 951 5121
	Hospital,	Sheelagh.brown@gjnh.scot.nhs.uk	Page 33854
	Beardmore Street,		
	Clydebank	Christine Divers	
		Christine Divers@ginh scot nhs uk	
Most 9		Mary Kalsa	
Central	Ayr Hospital,		01292 010 555
	Daimellington Road,	mary.keiso@aapct.scot.nns.uk	EXT 14860
	Ayr		Page #6314
	KA6 6DX	Geddes, Susan	
		Susan.Geddes@aapct.scot.nns.uk	Ext 14233
	Hairmyres Hospital,	Sally smith	01355 585 326
	East Kilbride	sally.smith@lanarkshire.scot.nhs.uk	(Surgical Physio)
	G75 8RD		or
		Colette Ramsay	01355 585 420
		Colette.ramsay@lanarkshire.scot.nhs.uk	
	Monklands	Lorraine Senior	01236 748748
	Hospital,	lorraine.senior@lanarkshire.scot.nhs.uk	Page 129
	Monkscourt		M-Th 9.30 –
	Avenue,		14.30
	Airdrie		
	ML6 OJS		
	Wishaw Hospital,	Angela McCusker	01698 361 100
	50 Netherton Sreet,	Angela.mccusker@lanarkshire.scot.nhs.uk	Page 246
	Wishaw,		
	ML2 0DP	Nicola Sinton (job share)	
		Nicola.sinton@lanarkshire.scot.nhs.uk	
	Forth Valley Royal	Carol Grant	01324 566000
	Hospital,	Carolgrant2@nhs.net	Carol Page 1599
	Stirling Rd		
	Larbert	Caroline Meadley	Caroline Page
	FK5 4WR	Caroline meadley@nbs.net	1577
	St John's Hassital		01506 410 666
	St John's Hospital,	Lynn Spiers Onbelethion seet she wh	01200 413 000
	Howden Koad West.	<u>- cynn.spiers@nnsiotnian.scot.nns.uk</u>	0r
West &	Livingston		01506 523 000
Central	Wort Lothian		Page 694
	ЕН54 6РР		

Aberdeen	Aberdeen Royal	Karen Duncan	Dept 01224 552
	Infirmary,	kduncan@nhs.net	142
	Foresterhill Road,		Fax 01224 553 916
	Aberdeen	ascomphone 01224 554 684	ARI 08454 566 000 ext 52142
	AB25 2ZN		bleep 2207
	Woodend Hospital,	Michelle Ord	01224 556 015
	MARS,	michelle.ord@nhs.net	
	Eday Road,		
	Aberdeen		
	AB15 6LS		
Borders	Borders General	No current contact	01896 826 000
	Hospital,		Page 1603
	Melrose,		
	Roxburghshire		
	TD6 9AL		
Dumfries	Dumfries &	Helen Cannon	01387 241 452
	Infirmary.	<u>hchalmers@nhs.net</u>	
	Bankend Road.		DIRECT:
	Dumfries		01387 241826
	DG1 4AP		
Dundee	Ninewells Hospital,	Louise Whitehead	01382 660 111
	Amputee Therapy Dept.,	lwhitehead@nhs.net	Ext 36149
	East Block		Dago 4060
	Dundee		Page 4005
	DD1 9SY		
	Victoria Hospital	Kerry Murphy	01592 643355
	Physiotherapy Dept	kerry.murphy1@nhs.net	Ext 21779
	Hayfield Road		
	Kircaldy		
	KY2 5AH		
Edinburgh	Edinburgh Royal	Ian Cornwall	0131 536 1000
	Infirmary,	lan.cornwall@luht.scot.nhs.uk	page 5012 or
	Ward 105,		5137
	Little France,		
	Edinburgh		
	EH16 4SU		

	Astley Ainslie	Catriona Mawdsley	0131 537 9166
	Hospital,	Catriona.mawdsley@nhslothian.scot.nhs.u	
	Grange Loan,	k	
	Edinburgh		
	EH9 2HL	Katy Bryce	
		katy.bryce@nhslothian.scot.nhs.uk	
		Suzanne Howie	
		suzanne.howie@nhslothian.scot.nhs.uk	
	Royal Hospital for	Ailsa White	0131 536 0000
	Sick Children,		Page 9116
	9 Sciennes Road		
	Edinburgh		
	EH9 1LF		
Inverness	Raigmore Hospital,	Mairi Ross	01463 704 000
	Old Perth Road,	mairi.ross2@nhs.net	Ext 5580 or
	Inverness		Page 2003
	IV2 3UJ		
Oban	Lorne & Islands	Derek Laidler	01631 567 500
	District General	Derek.laidler@nhs.net	
	Glengallan Road		
	Ohan		
		Cillian Donnia	01546 602 222
	Nild Argyli Hospital,	Gillian Rennie	01546 602 323
	Biarbule Road,	<u>Ginan.Rennie@nns.net</u>	
10/	PA31 8JZ		01051 540 704
Isles	Physiotherapy Department		01851 548 704
	Western Isles	<u>Shella.nicoison@nns.net</u>	
	Hospital		
	McCauley Road		
	Stornoway		
	Isle of Lewis		
	HS21 2AP		

Ports-	Physiotherapy	Erin Williams	02392680162
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Academic	Academic WestMARC,		ona Davie-Smith, Clinical Co-ordinator	0141 201 1881		
Advisor	Queen Elizabeth		ecialist Prosthetics Service			
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		<u>Fic</u>	ona.Smith6@ggc.scot.nhs.uk			
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BACPAR	Mary Jane Cole	02088747103				
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	Prosthetics and Orthotics		<u>Sarah.day@strath.ac.uk</u>			
	Strathclyde		Tony McGarry			
	121 St Jamos Boad		Anthony.mcgarry@strath.ac.uk			
	Glasgow					
Finding Your	Corinne Hutton	07977 281 852				
Feet	cor@findingyourfee	et.n	<u>et</u>			
Reg Charity SCO44572	Nicola					
	nicola@findingyour	<u>t.net</u>				
Murray	Keith Ferguson	0800 028 2822				
Foundation	MF Co-ordinator			07743 780 913		
	infoatmf@btinterne	07843875437				
	Johan Graham (Wes					
Declared	Declared Sarah Moran					
interest in	Sarah.Moran@ggc.s					
rehab.	<u>Abi Campbell</u>					
	Abi.Campbell@lanarkshire.scot.nhs.uk					

9.4 Appendix D Aetiology Mapping

Definition

If there are several factors contributing to the patient's need for an amputation, the main or root cause of the amputation will be selected here, other factors are included as co-morbidities using FCI.

- PAD Peripheral Arterial Disease this terminology replaces the previously used "Peripheral Vascular Disease".
- Diabetes. If patient is diabetic enter as aetiology unless tumour, trauma, burns, drug abuse or orthopaedic is the cause. The amputation may be the result of PAD and/or neuropathy and/or renal failure.
- Blood borne infection includes meningitis
- Renal Failure only where diabetes is not present
- Other for any aetiology not listed.

Since 2016 **'immediate cause of amputation'** has been included. This is either infection, ischaemia or a combination of both and will be secondary to aetiology. This section may not be applicable when amputation is due to trauma, tumour or congenital deformity in which case mark as not applicable.

Mapping

The list of aetiologies used in this report was revised and reduced in 2004 and revised again in 2016 in order to improve accuracy of recording and relevance of categories. The following shows the mapping of the previous list of aetiologies to the current list.

Previous category	New category 2004	2016
PAD – Arteriosclerosis	Unchanged	Unchanged
PAD – Diabetes	Diabetes	Unchanged
Trauma	Trauma or Burns	Unchanged
Burns		
Tumour	Unchanged	Unchanged
Congenital deformity	Unchanged	Unchanged
Drug abuse	Unchanged	Unchanged
Venous Problems	Venous disease	Unchanged
Non-union of fracture		Non-union of fracture
Failed joint replacement	Orthopaedic	Failed joint replacement
Acquired deformity		Acquired deformity
Septicaemia	Blood-borne infection	Unchanged
Renal Problems	Renal Failure	Unchanged
Other	Other	Chronic regional pain Syndrome
Local Infection		Acute vascular incident
Not recorded	Unchanged	Not recorded

9.5 Appendix E Locomotor Capabilities Index 5

Only fill this in for amputees who are using their prosthesis to WALK.

Please note: this assessment must be completed *with the amputee present or on the telephone* and the amputee *must be asked* how they think they can manage each activity. It is how the patient perceives their own performance that is being measured.

Put 0,1,2,3 or 4 in the appropriate boxes where: -

- 0. = No
- 1. = Yes, if someone helps
- 2. = Yes, if someone is near
- 3. = Yes, alone with walking aid(s)
- 4. = Yes, alone **without** walking aid

Activity	6 months pre- admission	Final Discharge
Basic Activities		
Get up from a chair		
Walk indoors		
Walk outside on even ground		
Go up the stairs with a hand-rail		
Go down the stairs with a hand-rail		
Step up a kerb		
Step down a kerb		
TOTAL		
Advanced activities		
Pick up an object from the floor when standing		
Get up from the floor (e.g. after a fall)		
Walk outside on uneven ground (e.g. grass, gravel, slope)		
Walk outside in bad weather (e.g. rain, wind, snow)		
Go up a few steps without a hand-rail		
Walk down without a hand-rail		
Walk while carrying an object		
TOTAL		
OVERALL TOTAL		
CHANGE of overall total from 6 months preadmission to final discharge		I

9.6 Appendix F Functional Co-morbidities Index

Lower limb amputees are a predominantly elderly group with a relatively high incidence of co-morbid disease. This has not been previously accounted for in the SPARG data collection and analysis. The Functional Co-morbidities Index (FCI) was incorporated into the data set from 2008.

The FCI was developed and validated with physical function as the outcome (Groll et al 2005). The more commonly used indices predict mortality or administrative outcomes such as hospital length of stay. These indices tend to include conditions that are asymptomatic and impact on life expectancy but not physical function (for example, hypertension) and have been found not to correlate strongly with physical disability.

The FCI was developed using 2 different samples of adults: 1 group n = 9,423 'random Canadian adults'; 2nd group n = 28,349 'US adults seeking treatment for spinal ailments' using the physical subscale of the SF36 as the outcome.

The FCI is completed by scoring a 1 if a disease is present and 0 if it is not. A score of 0 indicates no co-morbid illness and a score of 18 indicates the highest number of co-morbid illnesses. The disease is only scored as present if it is diagnosed and documented in medical notes.

The BMI is calculated for each patient by dividing the patient's weight by their height in metres squared (weight / height ²). If neither height nor weight can not be measured or obtained, BMI can be estimated using the mid upper arm circumference (MUAC) ('Must' Explanatory Booklet). If MUAC is more than 32.0cm, BMI is likely to be more than 30kg/m^2 i.e. patient is likely to be obese.

Arthritis (rheumatoid and osteoarthritis) No Yes Osteoporosis Yes No Asthma No Yes Chronic Obstructive Pulmonary Disease, Acquired Respiratory Distress Yes No Syndrome, Emphysema Angina Yes No Congestive Heart Failure (or heart disease) Yes No Heart Attack (myocardial infarction) Yes No Neurological disease e.g. Multiple Sclerosis or Parkinson's Yes No No CVA or TIA Yes Peripheral Arterial Disease Yes No Diabetes Type I and II Yes No Upper gastrointestinal disease (ulcer, hernia, reflux) Yes No Depression Yes No Anxiety or panic disorders Yes No Visual impairment (cataracts, glaucoma, macular degeneration) Yes No Hearing impairment (very hard of hearing even with hearing aids) Yes No Degenerative disc disease including, back disease, spinal stenosis or severe Yes No chronic back pain Obesity and/or BMI > 30 (Pre-op weight in Kg/height in metres 2) Weight Yes No (Kg) Height (metres) BMI = Please see Guidance Notes **Score** (Yes = 1, No = 0) / 18

Functional Co-morbidities Index

9.7 Appendix G Data Cleaning Steps

- Remove records which are marked as missing
- Checked, flagged and fixed DOBs in current year and age >100
- Check, flagged and fix date of amputation
- Check Amputees with right and left amputations are marked as bilaterals
- Check milestones are calculated from final surgery
- Check if LF then final outcome is LF (1) or Abandoned (3).
- Where DOB, date of amputation, etc are left blank then these are flagged and marked as "Missing"

9.8 Appendix H Models of Care Summary for all major amputating centres in Scotland (n ≥ 10)

QUEEN ELIZABETH UNIVERSITY HOSPITAL (WESTERN INFRIMARY until May 2015), NHS GREATER GLASGOW & CLYDE: Vascular Unit

Following an amputation, patients at WI/QEUH will receive treatment from a specialist physiotherapist. Rehabilitation will occur in their amputating bed. A post-operative rigid dressing is not routinely used. Multi-disciplinary team working is complemented by regular MDT meetings, with a discharge co-ordinator and MDT ward rounds.

As an in-patient, physiotherapy will be provided in one-to-one and group sessions, based on the ward and in a therapy gym. Patients will routinely receive one treatment session daily, Monday to Friday, with an average treatment session lasting 90-120 minutes. Patients who are appropriate for prosthetic input will be routinely discharged after casting for their prosthetic limb. However, if there are access difficulties at home some are kept in until they are mobilising with their. At QEUH, there is an on-site prosthetic centre (Westmarc).

Patients who are appropriate for prosthetic input will have access to out-patient physiotherapy followup at WestMARC, their nearest limb-fitting centre. They will see a specialist physiotherapist twice a week.

Patients, who are not appropriate for prosthetics, will receive the same level of in-patient input, but do not routinely access physiotherapy on discharge.

QUEEN ELIZABETH UNIVERSITY HOSPITAL (SOUTHERN GENERAL HOSPITAL to May 2015), NHS GREATER GLASGOW & CLYDE: Orthopaedic Unit

Following an amputation, patients at QUEH/SGH(Ortho) will receive treatment from orthopaedic physiotherapist (whilst on Ward) and specialist amputee physiotherapist once they start GYM treatment. They will remain in their amputating bed during their inpatient rehabilitation. A post-operative rigid dressing is not routinely used. Multi-disciplinary team working is complemented by regular MDT meetings. These are not attended by a discharge co-ordinator.

As an in-patient, physiotherapy will be provided in one-to-one and group sessions, based on the ward and in a therapy gym. Patients will routinely receive two treatment sessions daily, Monday to Friday, with an average total treatment time of 180 minutes. Patients who are appropriate for prosthetic input will routinely be discharged after their first casting. At QEUH/SGH, there is an onsite prosthetic centre; WestMARC.

Patients who are appropriate for prosthetic input will have access to out-patient physiotherapy followup at WestMARC, their onsite limb-fitting centre. They will see a specialist physiotherapist twice a week.

Patients, who are not appropriate for prosthetics, will receive the same level of in-patient input, but do not routinely access physiotherapy on discharge.

GLASGOW ROYAL INFIRMARY, NHS GREATER GLASGOW & CLYDE

Following an amputation, patients at GRI will receive treatment from a non-specialist physiotherapist. Rehabilitation will occur in their amputating bed. A post-operative rigid dressing is not routinely used. There is no formal Multi-disciplinary team (MDT) meetings/working. As an in-patient, physiotherapy will take the form one-to-one sessions. These will take place on the ward. Patients will routinely receive one treatment session daily, Monday to Friday, with average treatment time lasting 30 minutes. There is provision for rehabilitation at the weekend as required. Patients who are appropriate for prosthetic input will routinely be discharged before their first casting. At GRI, there is no on-site prosthetic centre and subsequently they will be referred to their nearest site which is WestMARC.

Prosthetic candidates will have access to out-patient physiotherapy follow-up at WestMARC, their nearest limb-fitting centre. They will see a specialist physiotherapist twice a week.

Patients who are not appropriate for prosthetics will receive the same level of in-patient input, but do not routinely have access to out-patient physiotherapy follow-up unless required.

ROYAL ALEXANDRA HOSPITAL, NHS GREATER GLASGOW & CLYDE

Following an amputation, patients at RAH will receive treatment from a non-specialist physiotherapist. Rehabilitation commences in their amputating bed and, where appropriate, will continue in a slow-stream rehab bed. A post-operative rigid dressing is not routinely used. No formal multi-disciplinary team working occurs.

As an in-patient, physiotherapy will take the form of one-to-one, ward based sessions. Patients will routinely receive one treatment session daily, Monday to Friday, with an average treatment session lasting 30-45 minutes. Discharge timing will be planned on an individual basis. At RAH, there is no on-site prosthetic centre and subsequently they will be referred to their nearest site, which is WestMARC.

Patients who are appropriate for prosthetic input will have access to out-patient physiotherapy followup at WestMARC, their nearest limb-fitting centre. They will see a specialist physiotherapist twice a week.

Patients who are not appropriate for prosthetics will receive the same level of in-patient input, but do not routinely access physiotherapy on discharge.

INVERCLYDE ROYAL HOSPITAL, NHS GREATER GLASGOW & CLYDE

Following an amputation, patients at IRH will receive treatment from a specialist physiotherapist. Rehabilitation will occur in their amputating bed. A post-operative rigid dressing is routinely used postoperatively, usually for 14 days with a wound review at 7 days. Multi-disciplinary team working is complemented by regular MDT meetings. These are not attended by a discharge coordinator.

As an in-patient, physiotherapy will be provided in one-to-one and group sessions, based on the ward and in a gym. Patients proceeding with prosthetic fitting will routinely receive one treatment session daily, Monday to Friday, with an average treatment session lasting 30 minutes. Patients who are not prosthetic candidates will receive physiotherapy input three days a week.

Patients who are appropriate for prosthetic input will routinely be discharged after their first casting. At IRH, there is no on-site prosthetic centre and subsequently they will be referred to their nearest site which is WestMARC. Patients who are appropriate for prosthetic input will have access to out-patient physiotherapy follow-up at their acute hospital. They will see a specialist physiotherapist twice a week.

Patients, who are not appropriate for prosthetics, will receive the same level of in-patient input, but will only access physiotherapy on discharge as required. This will be provided via a domiciliary service

This service may be changing in 2017 with all patients being amputated at QUEH.

HAIRMYRES HOSPITAL, NHS LANARKSHIRE

Following an amputation, patients at Hairmyres Hospital will receive treatment from a specialist physiotherapist. Rehabilitation will occur in their amputating bed. A post-operative rigid dressing is routinely used post-operatively, usually for a ten day period. Multi-disciplinary team (MDT) working is complemented by regular MDT meetings and MDT ward rounds. These are not attended by a discharge co-ordinator.

As an in-patient, physiotherapy will be provided in one-to-one and group sessions, based on the ward and in a therapy gym. Patients will routinely receive one treatment session daily, Monday to Friday, with an average treatment session lasting 45 minutes. Patients who are appropriate for prostheticfitting will routinely be discharged before primary prosthetic review. At Hairmyres, there is no on-site prosthetic centre and subsequently they will be referred to their nearest site which is WestMARC.

Patients who are appropriate for prosthetic input will have access to out-patient physiotherapy followup at their nearest acute hospital. They will see a specialist physiotherapist twice a week.

Patients, who are not appropriate for prosthetics, will receive the same level of in-patient input, but will only access physiotherapy on discharge as required. This will be provided via a domiciliary service.

ROYAL INFIMARY EDINBURGH / ASTLEY AINSLIE HOSPITAL, NHS LOTHIAN

Following amputation, patients at RIE will receive treatment from a non-specialist physiotherapist. In RIE patients will be seen by the In-Reach team from Astley Ainslie Hospital and, if assessed as having rehabilitation potential will be transferred to an amputee rehabilitation bed at AAH. At AAH they will receive treatment from a specialist physiotherapist. A post-operative rigid dressing is not routinely used. Multidisciplinary team working is complemented by regular MDT meetings and MDT ward rounds. These are not attended by a discharge coordinator.

As an in-patient at AAH, physiotherapy will take the form of one-to-one and group sessions based mainly in a physiotherapy gym. Patients will receive up to two sessions daily, Monday to Friday, with an average total daily treatment time lasting 100 minutes.

At AAH there is an on-site prosthetic centre; SMART Centre. Patients will routinely be discharged after prosthetic fitting. If outpatient physiotherapy is required this will be arranged accordingly. All prosthetic patients will be reviewed in an MDT clinic 6 weeks after discharge.

Physiotherapy input for in-patients not proceeding with prosthetic fitting will be gauged in accordance with specific rehab goals. On discharge, these patients do not routinely have access to out-patient physiotherapy.

NINEWELLS HOSPITAL, NHS TAYSIDE

Following an amputation, patients at Ninewells Hospital will receive treatment from a specialist physiotherapist. Rehabilitation will commence in their amputating bed and, if suitable for prosthetic fitting, they will move to an amputee rehabilitation bed, of which there are ten. A post-operative rigid dressing is routinely used for up to 7 day period. Multi-disciplinary team working is complemented by regular MDT meetings and MDT ward rounds. These are not attended by a discharge co-ordinator.

As an in-patient, physiotherapy will take the form of one-to-one sessions, based mainly in the therapy gym. Patients will routinely receive one treatment sessions daily, Monday to Friday, increasing to two per day if for prosthetic fitting with an average total daily treatment time of 120 minutes. Patients will

routinely be discharged after prosthetic fitting. At Ninewells, there is an on-site prosthetic service - TORT Centre.

Prosthetic candidates do not routinely access out-patient physiotherapy follow-up. Patients will receive a phone call at three weeks post-discharge and, if out-patient physiotherapy is required, this will be arranged accordingly.

Patients, who are not appropriate for prosthetic fitting, will receive the same level of in-patient input, but do not routinely access physiotherapy on discharge.

FORTH VALLEY ROYAL HOSPITAL, NHS FORTH VALLEY

Following an amputation, patients at FVRH will receive treatment from a specialist physiotherapist. Patients who are for prosthetic fitting will receive it in their amputating bed. Rehabilitation for patients who are not for prosthetic fitting occurs in a slow-stream rehabilitation bed. A post-operative dressing is routinely used by 2/3 of surgeons. Multi-disciplinary team working is complemented by daily ward rounds. These are not attended by a discharge coordinator.

As an in-patient, physiotherapy will be provided in one-to-one and group sessions, based on the ward and in a therapy gym. Patients suitable for prosthetic fitting will routinely receive one treatment session daily, Monday to Friday. Patients not appropriate for prosthetic fitting will routinely receive daily treatment sessions three to five times a week. The average treatment session lasts 60 minutes.

Patients who are appropriate for prosthetic-fitting will routinely be discharged before primary prosthetic review. At FVRH, there is no on-site prosthetic centre and subsequently they will be referred to their nearest site which is the SMART Centre, Astley Ainslie Hospital. After in-patient discharge, prosthetic candidates will have access to physiotherapy after in-patient discharge at the acute hospital. They will see a specialist physiotherapist twice a week.

Patients who are not appropriate for prosthetics will receive the same level of in-patient input, but will only access physiotherapy on discharge as required. This will be provided via domiciliary services or at a day hospital.

RAIGMORE HOSPITAL, NHS HIGHLAND

Following an amputation, patients at Raigmore Hospital will receive treatment from a specialist physiotherapist. Rehabilitation will occur in their amputating bed. A post-operative rigid dressing is routinely used, for a 21 day period. Multi-disciplinary team (MDT) working is complemented by regular MDT meetings. These are not attended by a discharge co-ordinator.

As an in-patient, physiotherapy will take the form of both one-to-one and group sessions based on the ward and in a therapy gym. Patients will routinely receive one treatment session daily, Monday to Friday, with an average treatment session lasting 60 minutes. Patients who are appropriate for prosthetic-review will routinely be discharged after prosthetic fitting. At Raigmore, there is an on-site prosthetic centre.

Prosthetic candidates will have access to out-patient physiotherapy. Where geography allows, they will receive a weekly session at the acute hospital with a specialist physiotherapist. Where distance is an issue, they can attend non-specialist physiotherapy at their nearest community hospital.

Patients, who are not appropriate for prosthetics, will receive the same level of in-patient input, but do not routinely access physiotherapy on discharge.

VICTORIA HOSPITAL, KIRCALDY, NHS FIFE

Following an amputation, patients at VHK will receive treatment from a specialist physiotherapist. Rehabilitation will occur in their amputating bed. VHK also serves as a rehabilitation unit for amputees from other hospitals e.g. Ninewells Hospital. A post-operative rigid dressing is routinely used, usually for a ten day period. Multi-disciplinary team working is complemented by regular MDT meetings and MDT ward rounds. These are not attended by a discharge co-ordinator.

As an in-patient, physiotherapy will take the form of group based sessions, based mainly in the therapy gym. Patients will routinely receive one treatment session daily, Monday to Friday, with an average treatment session lasting 60 minutes. Patients who are appropriate for prosthetics review will routinely be transferred, as an in-patient, to Ninewells Hospital where there is on-site prosthetic input. In-patient rehab will continue at Ninewells until prosthetic-fitting. They will then follow the rehab pathway used at Ninewells.

Patients, who are not appropriate for prosthetics, will receive the same level of in-patient input, but will only access physiotherapy on discharge as required. This will be provided via a domiciliary service. When required, patients will receive daily non-specialist physiotherapy for two weeks via VHK Discharge team. After this, they will receive ongoing community physiotherapy as rehabilitation goals indicate.

AYR HOSPITAL, NHS AYSHIRE & ARRAN

Following an amputation on the vascular ward, patients at Ayr Hospital will receive treatment from a specialist physiotherapist. Rehabilitation will occur in their amputating bed. A post-operative rigid dressing is not routinely used. Multi-disciplinary team (MDT) working is complemented by regular MDT ward rounds. These are not attended by a discharge co-ordinator.

As an in-patient, physiotherapy will take the form of both one-to-one and group based sessions. Physiotherapy sessions will take place both on the ward and in the therapy gym. Patients will routinely receive two treatment sessions daily, Monday to Friday, with average treatment time lasting 60 minutes. Patients who are appropriate for prosthetic-review will routinely be discharged before their first casting. At Ayr, there is a satellite prosthetic service available to patients.

On occasion an amputation will occur under the orthopaedic team at Ayr or Crosshouse Hospitals. Those patients will receive daily physiotherapy from a non-specialist amputee physiotherapist with guidance from the specialist amputee physiotherapy team.

A patient requiring longer-term rehabilitation will be transferred to one of five downstream/community hospitals (Arran War Memorial Hospital, Ayrshire Central Hospital in Irvine, Biggart Hospital in Prestwick, East Ayrshire Community Hospital in Cumnock or Girvan Community Hospital). Those patients will receive regular physiotherapy from a non-specialist amputee physiotherapist with guidance from the specialist amputee physiotherapy team.

Once discharged from in-patient care, prosthetic candidates will have access to out-patient physiotherapy at one of two locations (Ayr Hospital or Ayrshire Central Hospital in Irvine). They will see a specialist physiotherapist twice a week.

Patients, who are not appropriate for prosthetics, will receive the same level of in-patient input, but do not routinely access physiotherapy on discharge unless required. When required, their physiotherapy input will occur via a domiciliary service.

DUMFRIES & GALLOWAY ROYAL INFIRMARY, NHS DUMFRIES & GALLOWAY

Following an amputation, patients at DGRI Hospital will receive treatment from a non-specialist physiotherapist. Rehabilitation will initially occur in their amputating bed. However, once surgically fit, dependent on rehab needs and discharge planning, patients may be transferred to a rehabilitation unit either in DGRI or a community hospital. Whilst there is provision for rehabilitation beds for amputees, their physiotherapy input remains non-specialist.

A post-operative rigid dressing is not routinely used. Multi-disciplinary team (MDT) working is complemented by regular MDT meetings. These are not attended by a discharge co-ordinator.

As an in-patient, physiotherapy will take the form of both one-to-one and group based sessions. Patients will routinely receive two treatment sessions daily, Monday to Friday, with an average treatment session lasting 60 minutes. There is no specific protocol/pathway for time of discharge in patients' hospital stay i.e. pre-cast, post-cast, after limb-fitting. At DGRI, there is no on-site prosthetic centre and subsequently they will be referred to their nearest site which is WestMARC.

Prosthetic candidates will have access to out-patient physiotherapy follow-up at their nearest acute hospital, DGRI or Galloway Community Hospital. They will see a non-specialist physiotherapist more than once a week.

Patients, who are not appropriate for prosthetics, will receive the same level of in-patient input, but do not routinely have access to out-patient physiotherapy follow-up.

ABERDEEN ROYAL INFIRMARY, NHS GRAMPIAN

Following an amputation, patients at ARI will receive treatment from a specialist physiotherapist. Rehabilitation will occur in their amputating bed. A post-operative rigid dressing is not routinely used. Multi-disciplinary team working is complemented by regular MDT meetings. These are not attended by a discharge co-ordinator.

As an in-patient appropriate for prosthetic input, physiotherapy will take the form of gym based sessions in both 1:1 and group sessions. Patients will routinely receive one treatment session four days a week, with an average treatment session lasting 45 minutes. Patients who are appropriate for prosthetic input will routinely be discharged after prosthetic fitting. At ARI, there is no on-site prosthetic centre and subsequently they will be referred to their nearest site which is M.A.R.S, Woodend Hospital.

Prosthetic candidates will have access to physiotherapy after discharge as required. The level of input is dependent on geography and ongoing rehab goals. Local patients may access specialist physiotherapist up to two times a week. When geography necessitates non-specialist physiotherapy input, the physiotherapist will be supported by the prosthetic centre.

Patients who are not appropriate for prosthetics will receive their physiotherapy in the form of both gym based and ward sessions. These will in both 1:1 and group settings. Patients will routinely receive one treatment session 2-3 days a week, with an average treatment session lasting 30 minutes. Access to physiotherapy on discharge will be provided as required – at ARI they will see a non-specialist physiotherapist via a domiciliary service.

9.9 Appendix I Multidisciplinary Advisory Group

Helen Scott, Team Lead Physiotheraist WestMARC, QEUH
Joanne Hebenton, Specialist Physiotherapist, WestMARC, QEUH
John Colvin, Clinical Service Manager and Clinical Scientist, Westmarc, Glasgow
David Morrison, Lead Prosthetist, Westmarc, Glasgow
Fiona Davie-Smith, Clinical Co-ordinator Specialist Prosthetics Service
Brian Kennon, Consultant Diabetologist, QEUH, Glasgow
Wesley Stuart, Consultant Vascular surgeon, QEUH, Glasgow
Francine McCafferty, Prosthetist, SMART Centre, Edinburgh
Lynn Hutton, Rehabilitation Consultant, SMART Centre, Edinburgh
Marjory Robertson, Specialist OT, Westmarc, Glasgow